



Atherton Mountaineers Masters Swimming Inc.



Very Social Winter Swim

Saturday the 1st of June 2024

Warm-up 1:00pm, Swimming Starts at 1:30pm
Atherton Aquatic Centre, 18 Robert St, Atherton

Indoor Heated Pool 31°C

Come along and have some fun at Atherton Mountaineers' Very Social Winter Swim which will be held in the indoor heated pool at the Atherton Aquatic Centre.

This event is not like any regular swimming carnival. The challenge of this carnival is to swim as close as possible to your nominated time in various events. This is notoriously harder than you would think it should be. There are prizes for the swimmers who get closest to their nominated times in each event, and for other noteworthy swims throughout the day.



Events:

1. 25m Fr
2. 25m Fly
3. 75m Fr Pull (Buoy)
4. 25m Bk

Smoko

5. Relay
6. 25m Br
7. 50m Kick
8. 100m IM
9. 50m Your Choice

** Please note that when you register, if there is no nominated time against an event it means you don't want to swim in that event.*

If you are unsure what your time should be, please guess a time.

Remember to nominate for five events to participate in the main competition.



Atherton Mountaineers Masters Swimming Inc. would like to thank the Tablelands Regional Council for providing support to make this Very Social Winter Swim possible.



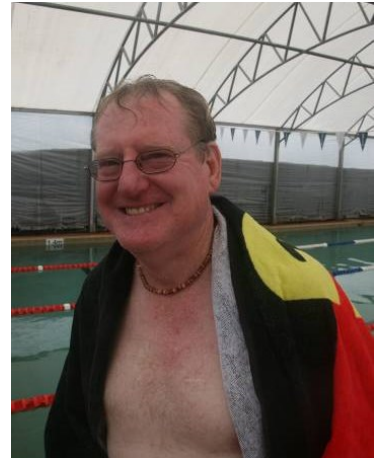
Atherton
Mountaineers
Masters Swimming Inc.



Come along and share some Fun, Friendship and a little Fitness

Very Social Winter Swim - Information and Rules

- Swim Date 01/06/2024, Warm up @ 1.00pm, Events start @ 1:30pm.
- This is a non-sanctioned Masters Swimming Swim Meet that is open to members and non-members of Masters Swimming.
- To register for this Swim Meet please complete and forward the attached nominations form and pay your fees to the Atherton Mountaineers Masters Swimming Inc. bank account (Bendigo bank BSB 633 000 Account No. 151 641 578). Please include some identifying marks within the payment description that will allow us to confirm that you have paid to swim.
- Registration fees will be
 - \$25 per registered member of Masters Swimming and
 - \$30 for non-members.
 - Your entry fee includes pool entry and nomination for all swimming events.
- Please choose which events you would like to swim in from the event list. We would encourage all swimmers to have a go at all events on the day. No disqualification rules will apply for poor execution of a stroke (it is all about the time taken to swim the event).
- Please choose the five swims that you want to count towards the overall tally for the final competition. The overall winner will be the person who can swim closest to their aggregated nominated time for their chosen five swims. The absolute value of difference will be added together for your tally, so if you swim too fast in one event, swimming too slow in the next one will only make the situation worse.
- Chocolates will be awarded for the male and female swimmers who are closest to their nominated time in each of the nine events. If you win more than one event, you will be acknowledged for your skill, but the prize will go to the next closest to their time who hasn't yet won a prize.
- There will also be a prize awarded for the female and male swimmers who manage to swim closest to their aggregated time for their nominated five events.
- Events will be seeded randomly.



- Relay teams will be formed on the day. Please indicate on your nomination form if you do not want to join this fun event.
- All starts will be Push starts (Definitely No Dives).
- Fins, pull buoys and other floatation devices may be used.
- Watches, other timing devices, or performance enhancing drugs must not be used. This is called CHEATING!!! (Unless you get away with it of course).
- We will be having a post swim gathering at the Billycart again.
- Keep in mind it is the first day of winter and Atherton can get cool, so bring some warm clothes.
- Nomination times need to be completed on the attached nomination form by 30 May 2024 and emailed to Kim on coach@athertonmountaineers.com
- Seating by the pool is limited. Please bring a chair.
- Queries to Kim Christie on 0428 913 458

